

East Sussex Primary Term 6 2020 Menu

Week 3 w/c 15/6 & 6/7

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Vegetable Supreme Pizza ** with Potato Wedges Cheesy tomato topped pizza slice topped with sweetcorn and peppers	Sausage and Mash Potato with Gravy Traditional Pork Sausage and Mash with rich Gravy	Roast Chicken with Roast Potatoes and Gravy Moist roast chicken with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato and beef sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish					Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Packed Lunch	Ham, Cheese, Tuna Mayo or Egg Mayo Sandwich or Baguette served with Veg Sticks And Fresh Fruit or Dessert of the Day				
Jacket Potato	Jacket Potato With Cheese, Baked Beans or Tuna Mayo				
Pasta	Tomato and Basil Pasta ** (V) A delicious tomato and basil sauce with penne pasta				
Vegetables	Sweetcorn Broccoli	Peas Carrots	Carrots Peas	Sweetcorn Broccoli	Baked Beans Peas
Desserts	Raspberry Yoghurt Cake	Fruit & Yoghurt	Flapjack with Fruit Slices *	Chocolate Brownie	Vanilla Ice Cream
Milk, Cool Water, Fresh Fruit and Yoghurt available daily					

