





# Welcome to our Big Bike Revival pop up Dr Bike event!

Free health checks on your bike to keep you cycling safely

We're fixing broken bikes by providing 'M-checks' and Minor Repairs that may include any of the following:

### **Brakes**

 Caliper and cable adjustment, cable and pad replacement

#### Gears

 Indexing, adjustment and cable replacement

# Chain

· Check for wear, lubricate if required

#### Tyres

 Puncture repair/tube replacement, inflated to recommended pressure (PSI)

# Other

- Check all nuts and bolts are correctly torqued
- Headset and bottom bracket check
- Check bar plugs and cable end caps, and replace if missing

#### Time

 Maximum of 30-minutes time spent on your bike



BigBikeRevival.org.uk

#BigBikeRevival