Neek one

W/C 29/10, 19/11, 10/12, 07/01, 28/01, 25/02, 18/03

W/C 05/11, 26/11, 17/12, 14/01, 04/02, 04/03, 25/03

creamy cheese sauce Macaroni Cheese (v. Classic short cut macaroni served in a

Mild Potato Chickpea Curry (v)

with wholegrain rice A delicious vegetarianmild curry served

> Roasted Vegetables On the Side...

> > Freshly made pizza served with potato Mozzarella & Tomato Pizza (v)

For Dessert...

Flagjack with Fruit

A mild vegetable biryani served with

Vegetable Biryani (v)

Garden Peas On the Side.

Organic pork sausages served with creamy

Bangers & Mash wholegrain rice

mash potato and gravy

Fresh Carrots

wholegrain rice Pork in a tomato sauce served with

Sauce with pasta Fresh broccoli & sweetcorn in a cheesy Creamy Broccoli & Sweetcorn Pasta (v)

For Dessert... Lemon Shortbread

> topped with pastry and served with creamy lasty fresh vegetables in a white sauce

> > St Clements Sponge Cake

For Dessert... Garden Peas Baked Beans On the Side. Fruit Slices Oatie Biscuit with For Dessert... Sweetcorn Fresh Carrots On the Side.

Country Vegetable Pie & Mash (v)

mash & gravy

Roast chicken served with crispy roast Garlic & Herb Roasted Chicken

Served with crispy roust potatoes & gravy Sweet Potato & Chickpea Roast (v)

Peach & Carrot Cake Seasonal Cabbage For Dessert... Fresh Broccoli

> crispy roast potatoes & gravy Traditionally roasted turkey served with

Fresh Cauliflower &

Roast Turkey

sauce served on a bed of pasta

crumble with sweet potato wedge

Brownie Cake For Dessert.

Organic minced beef in a traditional bolognese Fresh Carrots

Pear and Ginger For Dessert... Sweetcorn Medley Garden Peas & Baked Beans On the Side

Crumble with Ice Cream

Tasty Quorn dippers Quorn Dippers with Chips (v)

Breaded fish fingers

Beef Bolognese

Vegetable & Cheese Crumble (v)

Cauliflower Medley Fresh Broccoli &

Thursday

On the Side...

Salmon Fish Fingers with Chips

Fresh baked vegetables topped with a cheesy

Fish fingers in golden breadcrumbs Fish Fingers with Chips

Served in a bun with tomato relish Quorn Burger with Chips (v) served with wholegrain rice

Quorn & vegetables in a tomato based sauce

Apple & Berry Crumble

For Dessert....

Vegetarian Tagine (v)

with a Garlic & Herb Bread Wedge Fresh chicken in a Mexican style sauce served

Fresh Cauliflower

On the Side..

Roasted Vegetables

Chicken & Tomato Lasagne

Served with crispy roast potatoes Broccoli Cheese Bake (v)

Week two



Neek three

W/C 12/11, 03/12, 31/12, 21/01, 11/02, 11/03, 01/04

> KS2 Meals are £2.10 KS1 Meals are Free

Our chicker

potato and gravy Veggie sausages served with creamy mask Vegetarian Sausages & Mash (v)

On the Side...

approved Tractor are Red and milk

Roasted Vegetables

Creamy Tomato & Basil Pasta (v) Wholegrain pasta in a tomato, basil & cheese

Strawberry Ice

BWY

¥E

of our seasona

For Dessert...

topped with puff pastry & served with herby potatoes tresh chicken & broccoli in a white sauce, Homemade Chicken & Broccoli Pie

Fresh Carrots

British growers

direct from

vegetables

Sweetcorn On the Side

Chinese Veggie Noodles (v) Fresh vegetables flavoured with Chinese ive-spice and served with noodles

Raspberry Ripple Cake

For Dessert...

Sliced roasted Quorn served with crispy Quorn Roast (v)

roast potatoes & gravy

crispy roast potatoes & gravy Farm Assured roasted sliced pork served with

Herby Roasted Parsnips

On the Side.

Fresh Carrots

Banana & Apricot for Dessert.

Shortbread Finger with Seasonal Cabbage Fresh Carrots On the Side Fruit Slices For Dessert...

Beef Macaroni Bake

A mild vegetarian curry served with cheesy sauce with tomato & herb bread wedge Sweet.com & Roasted Layers of organic minced beef and pasta in a Fresh Broccoli Vegetable Korma (v) Red Peppers Chocolate Sponge with On the Side. For Dessert...

Crispy Fish Fillet with Chips

On the Side.

Chocolate Sauce

Baked Beans Garden Peas wholegrain rice

tortilla and oven baked Baked beans & cheese wrapped in a flour Baked Bean & Cheese Quesadilla

Battered fish served with chips with Chips (v)

Sweetcorn

Saked Seans

On the Side with Custard

Crunchy Chocolate Biscuit For Dessert.

> ALL OUR BEEF THE UK OR IRELAND

is from

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

requirements can Special dietary please contact be catered for

specialdiets@compass-group.co.uk

01435 865310

Pineapple Upside Down

For Dessert.

Cake with Custard





East Sussex







various fillings available daily. Potatoes with Jacket

the farms of origin cut of meat back to We can trace every

FARM TO FORK

FRESHLY BAKED EVERY DAY

(



BREAD IS ALL OUR